**Task 1: CSS Basics**

CSS (Cascading Style Sheets) is a language used to style HTML elements. It controls the appearance of web pages, including colors, fonts, layout, and more.

**HTML Document:**

**HTML**

<!DOCTYPE html>

<html>

<head>

<title>CSS Basics</title>

<style>

body {

background-color: #f0f0f0;

color: #333333;

font-size: 18px;

}

</style>

</head>

<body>

<h1>CSS Basics Example</h1>

<p>This is a paragraph styled with CSS.</p>

</body>

</html>

**CSS Explanation:**

* body { ... }: Selects the body element and applies styles to it.
* background-color: #f0f0f0;: Sets the background color to a light gray.
* color: #333333;: Sets the text color to a dark gray.
* font-size: 18px;: Sets the font size to 18 pixels.